

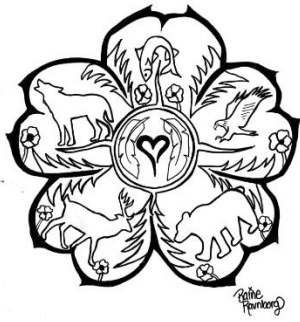
This Week at QJS November 8, 2024

Located on the traditional territory of the Lhtako Dene, where we
Live, Laugh and Learn the way of our Nations with
Respect, Responsibility, Cooperation, and Kindness.



November 1st, QJS students participated in Green Thumb Theatre's performance of "The Shape of a Girl". A thought-provoking drama about teenage bullying.



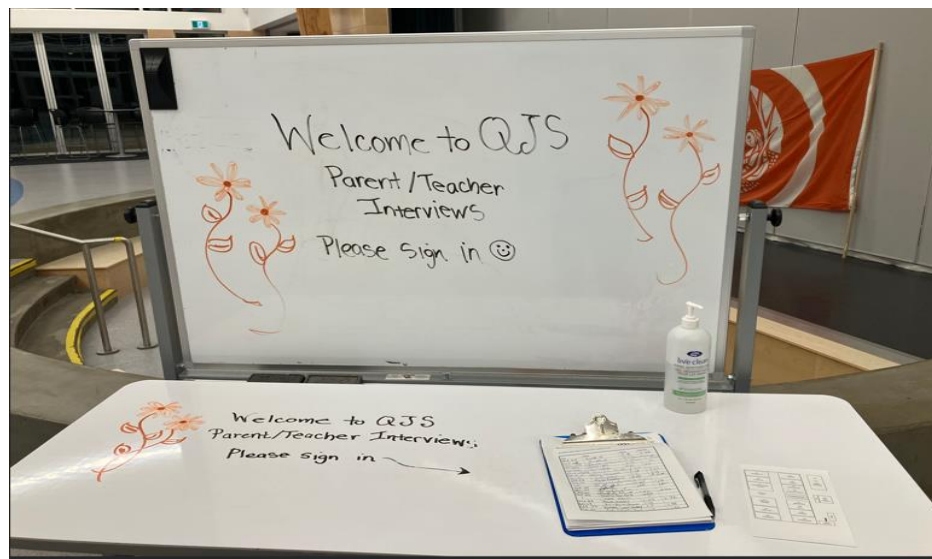


QJS Remembers and Honors Canadian Veterans

Who are the Veterans you remember and honor?



Parent Teacher Interviews: If you missed an opportunity to talk with your child's teacher(s), you can always reach out by email to them and arrange a conversation.



Celebrating Quesnel Cross Country Runners at Provincials



Claire Barbosa and Sofi Sikli at the Cross-Country Running Provincials at Jericho Beach this past weekend. Claire placed 45th in the senior girl's category, and Sofi placed 149 in the junior girl's category.

STUDENT

V Be involved in:

- Organizing events
- Making changes in the school
- Creating school spirit
- Raising \$\$\$
- Having a voice in what happens here

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Rotating Block 2 and 4
Starting Thursday:
November 14 BLOCK 4

Bring:

- Teacher Permission
- Ideas :)

Room 125 with Mrs. Christieson

QJS STUDENT VOICE

The QJS Student Voice Group is getting started for the 2024-2025 school year. If you have ideas about how to make QJS an even better place for learning and living, get permission from your teacher to come to the first meeting, Thursday, November 14th, block 4.

COME BE PART OF POSITIVE CHANGE

All Schools in the district are scent free. Please work with your young adults to leave body sprays, colognes/perfumes and other scented products at home; there are people with very serious allergies in our school! Reminder ~ Scented products will need to be confiscated if brought and used at school.



Nuts & Scents
Free School



Add a little Sweet to your Life; put in your easy order by clicking the link below and support our Quesnel Canadian Parents for French Fundraising. All funds go to local students.

A Sweet Treat Awaits!

<https://fundraising.purdys.com/1947949-122022>

Order from now until December 1st
Pick up December 13th @ Ecole Red Bluff Lhtako
Just in time for the holidays

CPF Quesnel Fundraiser

<https://fundraising.purdys.com/1947949-122022>

Class Questions?

If you have question or concerns please email your child's classroom teacher(s).

Gr. 9 Ms. Stevenson

jenniferstevenson@sd28.bc.ca,

Gr 8 Mr. Jespersen

peterjespersen@sd28.bc.ca

PAC UPDATE - You are all members, so you are welcome to drop in and see what a meeting feels like



Tuesday, Nov. 12th 6:30

QJS PAC meeting in the Library Learning Commons (LLC)

Look forward to seeing you on Tuesday, November 12 in the Library Learning Commons at 6:30pm.

If you have any questions please reach out to pacatqjs@gmail.com or email TrishSimpson@sd28.bc.ca.

New Executive 2024-2025

President - Philippa Murray

Vice President - Thais Garcia da Silva Fraga

Seth Ellerbeck - Treasurer

(Vacant still) - Secretary

Clarifying possible confusion:
a reminder that students stay on campus unless you are picking them up (no trips to the stores). If you are calling to sign your child out of school early for the day, they would be picked up or are walking home. They would not be returning for school sports, or to ride the bus – they have gone home for the day. *Exceptions for appointments, of course.*

**** NO Food Deliveries** (i.e. Door Dash, or Pizza etc.); **only families and SD 28 vehicles** should be arriving at our school, and we like to support our Concession vendor.



PAC is open to all parent/guardians. Meeting once a month for about an hour. A great place to gather information about your child's school, and have input. Please consider joining us. Watch for new info and check out the QJS PAC Facebook page. QJS PAC

The Parent Portal – used to see attendance and to get report cards: Getting into the Parent Portal on MyEd can be tricky. If you are struggling to see your child's attendance please contact the office and ask for Nichole; she will be able to help. Any time you have questions don't hesitate to call and ask, 250-747-2103.

Safety Reminder: Careful Hand hygiene keeps you and others safe.



Masks are still available at the office and may be worn by anyone who wishes to wear one.



Upcoming Dates

November 25 – NI Day Indigenous Focus (no school)

December 6 – Term 1 ends

December 9 – Term 2 begins*blocks rotate one up

December 12 – All marks due to the office

December 19 – Report Cards come home and are posted to the portal

December 20 – Locker Clean Out * Last day before the break

January 6 – First Day back at School



Nuts & Scents
Free School



NEW: IN THE PARENT'S CORNER
Information for Parents

****here we post some links and information we hope you find helpful (always open to suggestions for topics)***

Screenagers YouTube - Latest Videos

- 10/29 - [Examples of Consequences | Larry Rosen PhD](#)
- 10/22 - [How Our Brains Process Emotions | Adriana Galvan PhD](#)





5-Step Plan To Help Kids and Teens with AI Companion Chatbots

Before the steps, let me offer this tip on how to have the discussion. Communication science tells us that when we ask kids and teens questions because we really want to understand their points of view, they feel respected and thus more motivated to participate in the conversations.

The steps

1. **WHY:** Why might a person want to use a companion bot?
2. **RISKS:** Serious risks--what are some of them?
3. **RULES:** Family guidelines
4. **HELPERS:** Commit to help others
5. **DEEP THINKERS:** Commit to ongoing discussions

Read the full article [Screenagers Blog | 5-Step Plan To Help Kids and Teens with AI Companion Chatbots](#)

Screenagers YouTube – Last Week’s Options

- 10/15 - [How TV and Online Videos Affect Kids'](#)

[Attention Spans | Dimitri Christakis, MD](#)

- 10/08 - [Is Multitasking a Myth? | Larry Rosen PhD](#)

- 09/17 - [The Importance of Teacher-Student](#)

[Connections | Darice Johnson](#)

****If you have concerns or would like support for your child please contact one of our counselors:**

Grade 8 Peterjerspersen@sd28.bc.ca

Grade 9 Jenniferstevenson@sd28.bc.ca



**Do you know about something going on?
Please let us know.**

We work with families and students to resolve issues.

**Contact us: Mrs. Simpson 250-255-6057,
Office 250-747-2103**

School safety is a shared responsibility that requires cooperation, collaboration and communication.

For more resources on bullying, what it is and what to do. Check out:

<https://www2.gov.bc.ca/gov/content/erase>

QUESNEL COMMUNITY CONNECTIONS:

National Child Day Early Years event – November 20, 2024 -

<https://www.sd28.bc.ca/sites/default/files/images/2024-10/2024-11-20%20-%20NationalChildDay.jpg>

Cross Country Skiing Youth Programs:

<https://www.sd28.bc.ca/sites/default/files/images/2024-11/2024%20-%2011%20-%20Cross%20Country%20Skiing%20Youth%20Programs.jpg>

Quesnel Live Arts presents *Piano Heist* – November 19, 2024 -

<https://www.sd28.bc.ca/sites/default/files/images/2024-10/2024-11-19%20-%20Piano%20Heist.jpg>

Quesnel & District Arts Council presents *The Great Balanzo* –

November 16, 2024 - <https://www.sd28.bc.ca/sites/default/files/images/2024-10/2024-11-16%20-%20QAC%20-%20Balanzo.jpg>

CLOSED CAMPUS

Sign in and Sign out Procedures

Students remain on campus unless a parent/guardian picks them up.

Picking up your child? Call the office (250-747-2103) to let us know you are here to pick up your child. We will give your child a **permission slip to show staff we have recorded them absent at the office. Returning or late? Come to the office and let us know you are here.**

Expected Behaviours For Students:

Schools have a responsibility to work with students and families to create safe, caring learning environments.

Students are expected to know and follow the behaviours outlined in the District #28 and QJS Codes of Conduct.

Student [2024-2025 Student Handbook 5th Edition.pdf](#) **and Parent Handbooks** [School Handbook | Quesnel Junior School \(sd28.bc.ca\)](#) **located on our Quesnel Junior School website).**

Safe Schools -

Students at QJS are expected to resolve conflict peacefully, many get help with this; adults are here to help. Please reach out.

[Fair Warning \(VTRA\)](#)

