



# **QUESNEL JUNIOR SCHOOL STUDENT SURVIVAL GUIDE 2024/2025**



**NAME: \_\_\_\_\_ POD: \_\_\_\_\_**

This handbook was made by our school **Student Voice Team** (special kudos to Sylus DeRaspe and Sebastien Denis), to help you with the transition into grades 8 & 9. It includes school expectations and guidelines, a blank timetable to fill in, and other helpful info.



## Locker Combination:

(Right-Left-Right)

Write your locker # somewhere else to protect it.

**Don't tell anyone your combo**, not even your friends!

The **office can help** with lockers.

**asking for  
help is a sign  
of strength**

Don't be hesitant to **ask for help**, it will only get better if you take the first step.

**Mrs. Simpson - Principal 250-255-6057**

[trishsimpson@sd28.bc.ca](mailto:trishsimpson@sd28.bc.ca)

**Mr. Morrow - Vice Principal 250-255-3031**

[deanmorrow@sd28.bc.ca](mailto:deanmorrow@sd28.bc.ca)

**Ms. Stevenson - Grade 8 Counsellor**

[jenniferstevenson@sd28.bc.ca](mailto:jenniferstevenson@sd28.bc.ca)

**Mr. Jespersen - Grade 9 Counsellor**

[peterjespersen@sd28.bc.ca](mailto:peterjespersen@sd28.bc.ca)

**Ms. Telford – Grade 8 Indigenous Education Support**

**Worker** [tracytelford@sd28.bc.ca](mailto:tracytelford@sd28.bc.ca)

**Ms. Ravnborg – Grade 9 Indigenous Education Support**

**Worker** [raineravnborg@sd28.bc.ca](mailto:raineravnborg@sd28.bc.ca)

**Kids Help Phone 1-800-668-6868 – 24 hours a day!**

<https://kidshelpphone.ca/call>

**QJS Website:** <http://www.qjs.sd28.bc.ca/>

# SUCCESS:

To avoid problems and make attending QJS more enjoyable, keep these things in mind...



- ✓ Be respectful to everyone at all times: BE KIND!
- ✓ Use respectful language at all times
- ✓ Attend class on time and engage in learning (huge factor for academic success!)
- ✓ Store phone in locker during class time
- ✓ Participate in peaceful problem solving
- ✓ Participate in school activities
- ✓ Take care of our spaces
- ✓ Report safety concerns
- ✓ Ask any adult for help – come to the office for help
- ✓ Follow school expectations

# PROBLEMS:

These things will make your experience less enjoyable...



- ✗ Disrupting learning
- ✗ Disrespectful communication, including on social media (swearing/hate speech etc)
- ✗ Bullying, harassment and intimidation
- ✗ Using banned substances: scented products, vapes, drugs, alcohol
- ✗ Conflict & fighting- there is always another option.
- ✗ Making threats to harm others or the school
- ✗ Lates and Unexcused absences
- ✗ Vandalism- appreciate the new school
- ✗ Ordering food (e.g. DoorDash)
- ✗ Going in the other grade's POD wing
- ✗ Going off campus

# What to do during lunch?

## Places to Be & Things to Do at Lunch

- ✓ Outside (sign out outdoor sports equipment from office)
- ✓ POD wings – only in your grade wing to start
- ✓ The library learning commons or gym
- ✓ Gathering space, Learning Stairs, Stage
- ✓ Classrooms, with permission from teachers

## Get Involved! QJS Clubs & Sports

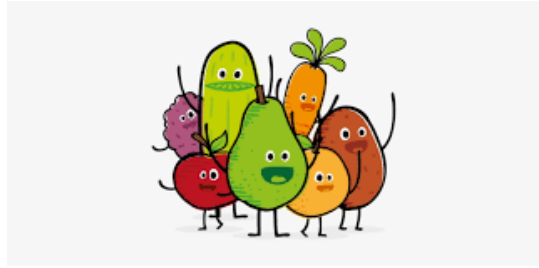
### Clubs

- ✦ Student Voice
- ✦ Rainbow Club
- ✦ Chess Club
- ✦ Glee Club
- ✦ Book Club
- ✦ Art Club
- ✦ D&D Club
- ✦ Create a Club

### Sports

- ✦ Cross country running
- ✦ Volleyball
- ✦ Basketball
- ✦ Curling
- ✦ Gymnastics
- ✦ Swimming
- ✦ Ski & Snowboard
- ✦ Badminton
- ✦ Track and Field
- ✦ Golf

## What to do during lunch?



### **FOOD Options**

- ✓ Bring food from home
- ✓ Breakfast Program is free to all students!
- ✓ District Lunch Program on the Stage (Students can sign up for Free! - contact the office)
- ✓ Concession to supplement your lunch
- ✓ Sign up for walk home at lunch program (application and interview)
  - \*\* No DoorDash or other delivery services; families are always welcome to drop off food

**We are a nut free school!**

**Clean up after yourself!** 

## What are POD Challenges?

POD Challenges are events and contests usually taking place during lunch. You will hear them from announcements and your POD teachers. Even if you are not competing, POD Challenges can be really fun to watch, and you can cheer on your PODmates!

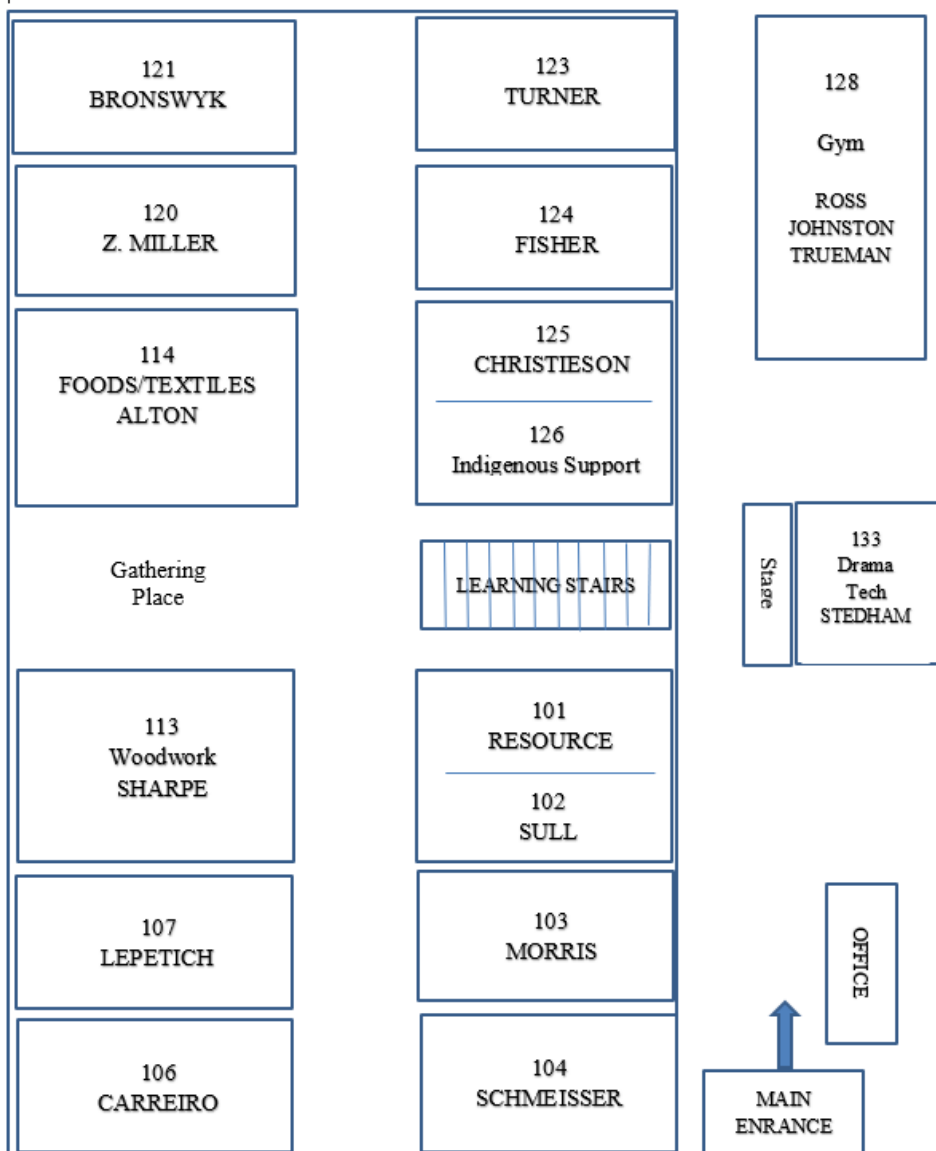


Thanks to Ms. Sharpe for creating our QJS

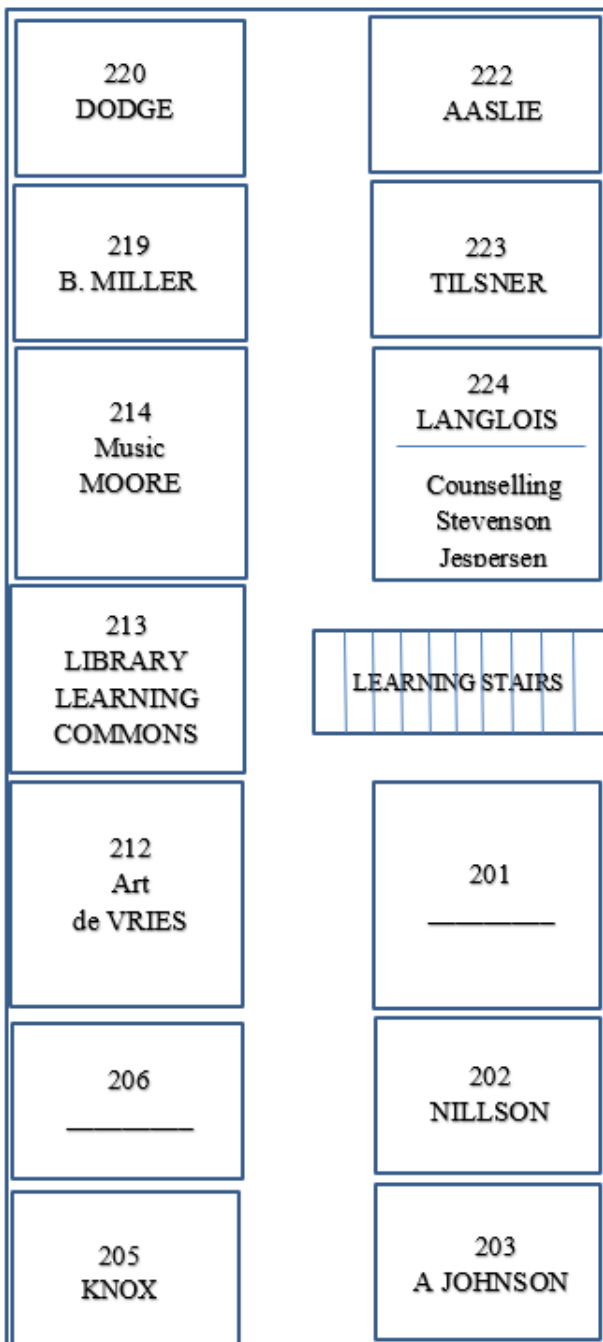
**POD Challenge Belt!**



# LOWER FLOOR MAP



# UPPER FLOOR MAP



# Quesnel Junior School

## Code of Conduct



### QUESNEL JUNIOR SCHOOL

Learner Code of Conduct

Revised June 26, 2024

At Quesnel Junior School, we recognize that each learner and situation is unique and we will always strive to ensure that our school is a safe, caring and orderly environment in which to learn and work. As learners age and mature, the expectations for acceptable behaviour will increase accordingly. The code of conduct at QJS is based on the following balance of rights and responsibilities.



| Rights  | Responsibilities   |
|---|--|
| <p>Learners have the right to learn.</p>                                  | <p>Learners have the responsibility to actively participate and to be responsible learners. Some examples include:</p> <ul style="list-style-type: none"> <li>• attending classes consistently and being on time</li> <li>• coming prepared for class and being ready to learn</li> <li>• putting forth a strong effort and participating actively</li> <li>• staying focused and not distracting others</li> <li>• completing assignments in a timely manner</li> <li>• leaving communication devices in lockers during learning times</li> </ul>   |
| <p>Learners have the right to be respected.</p>                           | <p>Learners have the responsibility to respect others (not to bully, tease, pick on, or harass others). Some examples include:</p> <ul style="list-style-type: none"> <li>• using respectful language at all times</li> <li>• being polite and listening actively to others</li> <li>• being welcoming, kind and inclusive of others</li> <li>• being accepting and respectful of differences</li> <li>• being honest and trustworthy</li> <li>• being a helpful bystander, not a hurtful bystander</li> <li>• promptly reporting incidents of bullying, harassment or intimidation to a trusting adult</li> </ul> |
| <p>Learners have the right to be safe.</p>                                | <p>Learners have the responsibility to behave in a safe manner and to protect the safety of others. Some examples include:</p> <ul style="list-style-type: none"> <li>• leaving nut and scented products at home (we are a nut and scent free school)</li> <li>• remaining on campus unless being picked up by family and signing out</li> <li>• walking calmly; no running in the hallways</li> <li>• staying in the designated areas</li> <li>• playing safely</li> <li>• reporting dangerous situations to staff, including possession of banned items (ex. vapes, drugs, alcohol, weapons)</li> </ul>          |
| <p>Learners have the right to privacy and security of personal space.</p> | <p>Learners have the responsibility to respect the property and privacy of others (learners, staff and community). Some examples include:</p> <ul style="list-style-type: none"> <li>• not touching other people's property without permission</li> <li>• respecting personal boundaries</li> <li>• only taking and sharing digital images and/or videos respectfully and with proper permission</li> </ul>  |
| <p>Learners have the right to use learning equipment and property.</p>    | <p>Learners have the responsibility to use the equipment and property according to all applicable rules, and with care and respect. Some examples include:</p> <ul style="list-style-type: none"> <li>• cleaning up properly including garbage and recycling</li> <li>• asking before borrowing items</li> <li>• returning materials promptly and neatly</li> <li>• showing respect for spaces, furniture and equipment</li> </ul>   |



## OFFENCES AND POSSIBLE CONSEQUENCES

Minor violations of the Code of Conduct are dealt with first at the classroom level in a variety of ways. The goal is for learners to understand the mistake in order to be successful within the school community. Solutions can be found using collaborative problem solving, detentions, meetings with learners, staff, and parents, school service and other consequences that are intended to be restorative in nature, leading to the development of more positive behaviour, and allowing learners to make amends for their misbehaviour.

More serious violations of the Code of Conduct (detailed below) may lead to a definite/indefinite in/out of school suspension, a Restorative Justice referral and/or RCMP involvement. The following are examples of major and serious violations of the Code of Conduct and do not constitute a complete list of possible offences:

| Examples of Serious Offences   | Possible Consequences   |
|--|---|
| <ul style="list-style-type: none"> <li>• Repeated minor violations of the code of conduct</li> <li>• Willful disobedience (defiance)</li> <li>• Power struggle with an adult</li> <li>• Inappropriate touching or language</li> <li>• Use or spraying of scented products</li> <li>• Leaving our closed campus without family pick-up</li> <li>• Tampering with the property of others</li> <li>• Pain or injury to another person (teasing, tripping, kicking, intimidation, pushing, swearing)</li> <li>• Lying</li> <li>• Inappropriate use of electronic and social media communication as outlined in Policy 305</li> </ul> | <ul style="list-style-type: none"> <li>• Collaborative problem solving with staff, learner, parents</li> <li>• School/community service</li> <li>• Behavioural contracts</li> <li>• Behavioural and/or counselling support/assignments</li> <li>• Disciplinary work station - detention</li> <li>• In-school/out-of-school definite suspension</li> </ul> |
| Examples of Major Offences   | Possible Consequences   |
| <ul style="list-style-type: none"> <li>• Repeated major offenses</li> <li>• Ongoing truancy</li> <li>• Use/possession of vape, cigarettes, alcohol or drugs</li> <li>• Use/possession of weapons</li> <li>• Uttering threats</li> <li>• Repeated use of scented products</li> <li>• Bullying/cyberbullying</li> <li>• Sexual harassment</li> <li>• Vandalism</li> <li>• Violent behaviour (Assault, fighting)</li> <li>• Theft</li> <li>• Bomb threat</li> </ul>   | <ul style="list-style-type: none"> <li>• Any serious offence consequences (see above)</li> <li>• In-school/out-of-school definite suspension</li> <li>• Indefinite suspension</li> <li>• Legal intervention (RCMP, Restorative Justice)</li> </ul>  |



## School Calendar 2024-2025

School District #28 Quesnel

401 North Star Rd. Quesnel, BC V2J 5K2 Phone: 250 992-8802 Fax: 250 992-7652

Website: www.sd28.bc.ca

| AUGUST 2024 |    |    |    |    |    |    |
|-------------|----|----|----|----|----|----|
| S           | M  | T  | W  | T  | F  | S  |
|             |    |    |    | 1  | 2  | 3  |
| 4           | 5  | 6  | 7  | 8  | 9  | 10 |
| 11          | 12 | 13 | 14 | 15 | 16 | 17 |
| 18          | 19 | 20 | 21 | 22 | 23 | 24 |
| 25          | 26 | 27 | 28 | 29 | 30 | 31 |

| SEPTEMBER 2024 |    |    |    |    |    |    |
|----------------|----|----|----|----|----|----|
| S              | M  | T  | W  | T  | F  | S  |
| 1              | 2  | 3  | 4  | 5  | 6  | 7  |
| 8              | 9  | 10 | 11 | 12 | 13 | 14 |
| 15             | 16 | 17 | 18 | 19 | 20 | 21 |
| 22             | 23 | 24 | 25 | 26 | 27 | 28 |
| 29             | 30 |    |    |    |    |    |

| OCTOBER 2024 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| S            | M  | T  | W  | T  | F  | S  |
|              |    | 1  | 2  | 3  | 4  | 5  |
| 6            | 7  | 8  | 9  | 10 | 11 | 12 |
| 13           | 14 | 15 | 16 | 17 | 18 | 19 |
| 20           | 21 | 22 | 23 | 24 | 25 | 26 |
| 27           | 28 | 29 | 30 | 31 |    |    |

| NOVEMBER 2024 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| S             | M  | T  | W  | T  | F  | S  |
|               |    |    |    |    | 1  | 2  |
| 3             | 4  | 5  | 6  | 7  | 8  | 9  |
| 10            | 11 | 12 | 13 | 14 | 15 | 16 |
| 17            | 18 | 19 | 20 | 21 | 22 | 23 |
| 24            | 25 | 26 | 27 | 28 | 29 | 30 |

| DECEMBER 2024 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| S             | M  | T  | W  | T  | F  | S  |
| 1             | 2  | 3  | 4  | 5  | 6  | 7  |
| 8             | 9  | 10 | 11 | 12 | 13 | 14 |
| 15            | 16 | 17 | 18 | 19 | 20 | 21 |
| 22            | 23 | 24 | 25 | 26 | 27 | 28 |
| 29            | 30 | 31 |    |    |    |    |

| JANUARY 2025 |    |    |    |    |    |    |
|--------------|----|----|----|----|----|----|
| S            | M  | T  | W  | T  | F  | S  |
|              |    | 1  | 2  | 3  | 4  | 5  |
| 6            | 7  | 8  | 9  | 10 | 11 | 12 |
| 13           | 14 | 15 | 16 | 17 | 18 | 19 |
| 20           | 21 | 22 | 23 | 24 | 25 | 26 |
| 27           | 28 | 29 | 30 | 31 |    |    |

| FEBRUARY 2025 |    |    |    |    |    |    |
|---------------|----|----|----|----|----|----|
| S             | M  | T  | W  | T  | F  | S  |
|               |    |    |    |    |    | 1  |
| 2             | 3  | 4  | 5  | 6  | 7  | 8  |
| 9             | 10 | 11 | 12 | 13 | 14 | 15 |
| 16            | 17 | 18 | 19 | 20 | 21 | 22 |
| 23            | 24 | 25 | 26 | 27 | 28 |    |

| MARCH 2025 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| S          | M  | T  | W  | T  | F  | S  |
|            |    |    |    |    |    | 1  |
| 2          | 3  | 4  | 5  | 6  | 7  | 8  |
| 9          | 10 | 11 | 12 | 13 | 14 | 15 |
| 16         | 17 | 18 | 19 | 20 | 21 | 22 |
| 23         | 24 | 25 | 26 | 27 | 28 | 29 |
| 30         | 31 |    |    |    |    |    |

| APRIL 2025 |    |    |    |    |    |    |
|------------|----|----|----|----|----|----|
| S          | M  | T  | W  | T  | F  | S  |
|            |    | 1  | 2  | 3  | 4  | 5  |
| 6          | 7  | 8  | 9  | 10 | 11 | 12 |
| 13         | 14 | 15 | 16 | 17 | 18 | 19 |
| 20         | 21 | 22 | 23 | 24 | 25 | 26 |
| 27         | 28 | 29 | 30 |    |    |    |

| MAY 2025 |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|
| S        | M  | T  | W  | T  | F  | S  |
|          |    |    |    |    |    | 1  |
| 2        | 3  | 4  | 5  | 6  | 7  | 8  |
| 9        | 10 | 11 | 12 | 13 | 14 | 15 |
| 16       | 17 | 18 | 19 | 20 | 21 | 22 |
| 23       | 24 | 25 | 26 | 27 | 28 | 29 |
| 30       | 31 |    |    |    |    |    |

| JUNE 2025 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| S         | M  | T  | W  | T  | F  | S  |
| 1         | 2  | 3  | 4  | 5  | 6  | 7  |
| 8         | 9  | 10 | 11 | 12 | 13 | 14 |
| 15        | 16 | 17 | 18 | 19 | 20 | 21 |
| 22        | 23 | 24 | 25 | 26 | 27 | 28 |
| 29        | 30 |    |    |    |    |    |

| JULY 2025 |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| S         | M  | T  | W  | T  | F  | S  |
|           |    | 1  | 2  | 3  | 4  | 5  |
| 6         | 7  | 8  | 9  | 10 | 11 | 12 |
| 13        | 14 | 15 | 16 | 17 | 18 | 19 |
| 20        | 21 | 22 | 23 | 24 | 25 | 26 |
| 27        | 28 | 29 | 30 | 31 |    |    |

| AUGUST 2025 |    |    |    |    |    |    |
|-------------|----|----|----|----|----|----|
| S           | M  | T  | W  | T  | F  | S  |
|             |    |    |    |    | 1  | 2  |
| 3           | 4  | 5  | 6  | 7  | 8  | 9  |
| 10          | 11 | 12 | 13 | 14 | 15 | 16 |
| 17          | 18 | 19 | 20 | 21 | 22 | 23 |
| 24          | 25 | 26 | 27 | 28 | 29 | 30 |
| 31          |    |    |    |    |    |    |

| SEPTEMBER 2025 |    |    |    |    |    |    |
|----------------|----|----|----|----|----|----|
| S              | M  | T  | W  | T  | F  | S  |
|                | 1  | 2  | 3  | 4  | 5  | 6  |
| 7              | 8  | 9  | 10 | 11 | 12 | 13 |
| 14             | 15 | 16 | 17 | 18 | 19 | 20 |
| 21             | 22 | 23 | 24 | 25 | 26 | 27 |
| 28             | 29 | 30 |    |    |    |    |

- Sep 3: Labour Day
- Sep 3: School Planned Non-Instructional Day (no school for students)
- Sep 4: Back to school (1/2 day for students)
- Sep 30: National Day of Truth and Reconciliation
- Oct 14: Thanksgiving
- Oct 25: Provincial Pro-D (no school for students)
- Oct 29,30: Early Dismissal (to facilitate Parent Teacher Interviews)
- Nov 11: Remembrance Day
- Nov 25: District Planned Non-Instructional Day - Indigenous Focus (no school for students)
- Dec 23-Jan 3: Winter Break

- Jan 6: Students back from Winter Break
- Feb 7: District Planned Non-Instructional Day (no school for students)
- Feb 17: BC Family Day
- Mar 17-20: Spring Break
- Apr 18: Good Friday
- Apr 21: Easter Monday
- Apr 25: Regional Pro-D (no school for students)
- May 19: Victoria Day
- Jun 4: School Planned Non-Instructional Day (no school for students)
- Jun 25: Last Day for students
- Jun 26: Administrative Day (no school for students)
- Jun 27: Summer Break begins

Professional, District, Ministry, Non Instructional Days - No School

Statutory Holidays - No School

School Holidays - No School

Early Dismissal

# Notes & Doodles...



When you enter   
this classroom...

You are *scientists.*

You are *explorers.*

 You are *important.*

You are *loved.*

You are *respected.*

You are *a friend.*

You are *the reason* we are *here!* 

# Notes & Doodles...



**NAME:**

## QJS Student Timetable & Bell Schedule

| <b>Time</b>                           | <b>Day 1<br/>(Monday,<br/>Thursday)</b> | <b>Day 2<br/>(Tuesday,<br/>Friday)</b> | <b>Wed.<br/>Alternate<br/>Day 1/Day 2</b> |
|---------------------------------------|---|--|---|
| 8:29 -<br>9:32<br><br><i>63 min</i>   | <b>1</b>                                | <b>1</b>                               | <b>1</b>                                  |
| 9:37 -<br>10:40<br><br><i>63 min</i>  | <b>2</b>                                | <b>2</b>                               | <b>2</b>                                  |
| 10:45 –<br>11:47<br><br><i>62 min</i> | <b>3</b>                                | <b>3</b>                               | <b>3</b>                                  |
| 11:47-<br>12:31                       |   |  |   |
| 12:35 -<br>1:39<br><br><i>64 min</i>  | <b>4</b>                                | <b>4</b>                               | <b>4</b>                                  |
| 1:44 –<br>2:48<br><br><i>64 min</i>   | <b>5</b>                                | <b>5</b>                               | <b>5</b>                                  |

**Time between classes is for getting to the next class before the second bell.**

**Wednesdays change between day 1 and 2.** Check office to see if a Wednesday is a day 1 or 2. Grade 8 alternate French and PE and grade 9 alternate Career Ed and PE alternate on day 1 and 2.

**2:53 BUSES begin to LEAVE.**