

**QJS TROLL SKI & SNOWBOARD DOCUMENTATION**  
**CHECKLIST**  
**March 5 & 6, 2024**

**Please ensure that the following documents are *signed and returned* to Mr. Trueman at his gym office as soon as possible:**

- A. Troll Ski & Snowboard Registration Form and Waiver  
\*Note: there are spots on the form for chaperones and/or parents
- B. Troll Ski Resort. Sign & date waiver.
- C. Prices sheet. Include student name (first & last) and total price.
- D. Attachment B: QJS Informed Consent (High Risk Activity) form. 2 sided sheet.
- E. Attachment D: QJS Consent form
- F. Attachment E: QJS Medical form

**Read only:**

- G. QJS Troll Ski Trip Expectations letter from Ms. Simpson (for parent chaperones)

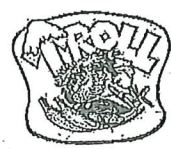
**Equipment checklist:**

- 1) Ski/snowboard gear that has been checked by a professional
- 2) Ski or snowboard helmet---MANDATORY
- 3) Goggles
- 4) Gloves/mitts, toque
- 5) Fleece, Coat, etc.
- 6) Lunch or lunch money for the concession

**Any parents willing to act as chaperones, please do the following:**

- 1) Read the QJS Troll Ski Trip Expectations letter from Ms. Simpson at the back of the booklet
- 2) Complete the chaperone portions of the registration form & waiver.
- 3) Email [ScottTrueman@sd28.bc.ca](mailto:ScottTrueman@sd28.bc.ca) of your intent to act as a chaperone along with your contact information. Mr. Trueman will contact you ASAP to discuss what you need to do to prepare for the trip.

# TROLL SKI & SNOWBOARD Registration Form & Waiver



**\*\*PLEASE READ CAREFULLY AND COMPLETE IN FULL\*\***

**Please Print Clearly**

### School Ski & Snowboard Program

Ph. (250) 994-3352  
iride\_360@yahoo.com

Students Name:.....  
School: .....  
Address:.....  
Parents Name:.....  
Home Phone:.....  
Work Phone:.....

Please answer the following questions by ticking the appropriate box or filling in the necessary information.

1 Student  Parent  Teacher  Chaperone

2 Related to shoe size\* Male  Female

3. What age are you?

4. Do you need to rent equipment? Yes   
No

If yes, do you need:  
Skis  Ski Boots  Poles

Snowboard  Snowboard boots   
Preferred Foot Forward. For snowboarders only.  
Left foot  Right foot

Helmet   
Helmet Size  
     
**Xs S M L**  
49-52cm 52-55.5cm 56-59cm 59-62.5cm

5. If you are renting Skis, Board or Boots, we must know ALL of the following:  
Height:.....Metres  
Weight:.....Kilograms  
Shoe size:.....\*

6. Which lesson are you enrolled for?  
ALL students must tick ONE of the following:  
1 hour ski lesson  1 hour snowboard lesson

For the lesson you are enrolled for, check all that apply.  
 A Never ever tried it before.  
 B Tried it once before.  
 C Have tried it a couple times.  
 D Have come out for at least one year.  
 E Have been coming out for 2 years.  
 F Have been coming out for 3+ years.

For the lesson you are enrolled for, check all that apply.  
 A Slow and Cautious.  
 B Ride at an average speed.  
 C Ride at a fast speed.  
 D Ride at an aggressive speed.  
 E Prefer Green circle runs.  
 F Prefer Blue square runs.  
 G Prefer Black diamond runs.

For the lesson you are enrolled for. Trails you have successfully ridden down. Check all that apply.  
 A Bunny Hill (yellow T-Bar)  
 B Bambi.  
 C Astrid's Alley.  
 D The Face.  
 E Overlander.  
 F Viking.  
 G Doc.  
 H Goofy Glades.  
 I Wildcat.

The information I have given above is accurate and complete \_\_\_\_\_ (initial)

SEE REVERSE  
FOR WAIVER



B.

**PLEASE READ CAREFULLY BEFORE SIGNING**

I am aware that alpine skiing, snowboarding and telemark skiing involve risks, dangers and hazards and that injuries are a common and ordinary occurrence of these sports.

ALPINE SKIING: I understand that ski boot/binding systems will not release at all times or under all circumstances, that it is not possible to predict every situation in which the system will release and that the system is therefore no guarantee that the user will not be injured.

Snowboarding/ Telemark skiing: I understand that the boot/ binding system for this equipment is not designed or intended to release and will not release under normal circumstances. I understand that as the boot/ binding system is a non-release system, this system will not reduce the risk of injury during a fall and will increase the risk of not surviving an avalanche.

I have made no misrepresentations to Troll Ski & Snowboard in regard to my height, weight, age, shoe-size or skiing/ snowboarding ability.

I freely accept and fully assume all risks, dangers and hazards associated with the use of the equipment

I hereby release Troll Ski & Snowboard and it's owners, agents and employees from any and all liability for damage and injury to myself or to any other person or property resulting from the selection, adjustment and use or rental equipment or my participation in the skiing and snowboarding program, accepting myself the full responsibility for any and all such damage or injury which may result.

**ASSUMPTION OF RISK**

I am aware that skiing involves many risks, dangers and hazards including but not limited to: boarding, riding and disembarking lifts; changing weather conditions; avalanches; exposed rock, earth ice and other natural objects; trees, tree wells, tree stumps, forest, dead fall; the condition of the snow or ice beneath the surface; changes or variations in the terrain which may cause blind spots or areas of reduced visibility; changes or variations in the surface or subsurface, including changes made due to man made snow; variable and difficult snow conditions; streams creeks and exposed holes in the snow pack above streams or creeks; cliffs; crevasses; snowcat roads, road-banks or cut-banks; collision with lift towers, fences, snowmaking equipment, snow grooming equipment, snowcats, snowmobiles or other vehicles, equipment or structures; collision with other skiers or snowboarders; and NEGLIGENCE ON THE PART OF TROLL SKI & SNOWBOARD AND TROLL RESORT LTD. OR ITS STAFF INCLUDING THE FAILURE ON THE PART OR TROLL SKI & SNOWBOARD AND TROLL RESORT LTD. AND IT'S STAFF TO SAFEGUARD OR PROTECT ME FROM THE RISKS, DANGERS AND HAZARDS OF SKIING AND SNOWBOARDING. I am also aware that risks, dangers and hazards referred to above exist throughout the ski are and may be unmarked.

I AM AWARE OF THE RISKS, DANGERS AND HAZARDS ASSOCIATED WITH SKIING AND SNOWBOARDING AND I FREELY ACCEPT AND FULLY ASSUME ALL SUCH RISKS, DANGERS AND HAZARDS AND THE POSSIBILITY OF PERSONAL INJURY, DEATH, PROPERTY DAMAGE AND LOSS RESULTING THEREFROM.



**RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT**

1. TO WAIVE ANY AND ALL CLAIMS that I have or may have in the future against Troll Ski & Snowboard and Troll Resort LTD. And their directors, owners, officers, employees, agents, representatives, sponsors, successors and assigns (all of whom are herein after referred to as "THE RELEASEES") and TO RELEASE THE RELEASEES FROM any and all liability for loss, damage, expense or injury including death that I may suffer, or that my next of kin may suffer resulting from either my use of or my presence on the skiing facilities or travel beyond the ski boundary, DUE TO ANY CAUSE WHATSOEVER, INCLUDING NEGLIGENCE, BREACH OF CONTRACT, OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE, INCLUDING ANY DUTY OF CARE OWED UNDER THE OCCUPIERS LIABILITY ACT, RSBC 1996, C. 337 ON THE PART OF THE RELEASEES, AND ALSO INCLUDING THE FAILURE ON THE PART OF THE RELEASEES TO SAFEGUARD OR PROTECT ME FROM THE RISKS, DANGERS AND HAZARDS OF SKIING AND SNOWBOARDING REFERRED TO ABOVE;
2. TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES from any and all liability for any damage to property or of personal injury to any third party, resulting from my use or presence on the skiing facilities or travel beyond the ski boundaries;
3. This agreement shall be effective and binding upon my heirs, next of kin, executors, administrators, and representatives, in the event of my death or incapacity;
4. This agreement and any rights, duties and obligations as between the parties to this agreement shall be governed by and interpreted solely in accordance with the laws of the Province of British Columbia and no other jurisdiction; and
5. Any litigation involving the parties to this agreement shall be brought solely within the Province of British Columbia and shall be within the exclusive jurisdiction of the courts of the Province of British Columbia.

In entering this agreement I am not relying upon any oral or written representations or statements made by the Releasees with respect to the safety of skiing and snowboarding other than set forth in this agreement.

It is understood and agreed that this Agreement shall not apply in respect of injuries from mechanical breakdown or failure of ski lifts, tows or any related equipment.

Troll Ski & Snowboard has permission to use personal information for marketing purposes.

I, THE UNDERSIGNED, HAVE READ AND UNDERSTOOD THE ABOVE THIS AGREEMENT AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM WAIVING CERTAIN LEGAL RIGHTS WHICH I OR MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS, AND REPRESENTATIVES MAY HAVE AGAINST THE RELEASEE

Signature \_\_\_\_\_ Date \_\_\_\_\_

(Of parent or guardian if user of equipment is under 19 years of age)

C.

Troll Ski & Snowboard Prices for School Program  
QJS 2024

-Please put a check mark in each column (March 5 & 6) and then write the total amount for each line in the right column under subtotal. Next, please write the student name & final total owing in the spaces provided below the chart.

-Prices shown are per student/day

-March 5<sup>th</sup> is the *only* day for single-day participants.

	Tuesday, March 5	Wednesday, March 6	Subtotal
Lift ticket \$16.00			
Ski or snowboard lesson \$15.00			
Ski package rentals (skis, boots, poles, helmet) \$15.00			
Skis only or ski boots only \$15.00			
Snowboard package rentals (board, boots, helmet) \$15.00			
Snowboard only \$15.00			
Snowboard boots only \$15.00			
Helmet \$5.00			

Student name: \_\_\_\_\_

Total amount: \$ \_\_\_\_\_



6.

# QUESNEL JUNIOR SCHOOL

950 Mountain Ash Rd. • Quesnel, BC V2J 3V7 • Phone: (250) 747-2103

P: SIMPSON, Principal  
Email: [trishsimpson@sd28.bc.ca](mailto:trishsimpson@sd28.bc.ca)



C. LOEWEN, Vice Principal  
Email: [chuckloewen@sd28.bc.ca](mailto:chuckloewen@sd28.bc.ca)

## QJS Troll Ski Trip Expectations

March 5 & 6, 2024

Dear Parents,

Thank you for volunteering to participate in our school ski program. It is always exciting to see students grow their skiing skills; it is truly amazing how much they improve in only 1-2 sessions. It is also powerful to be able to have students understand the connection between their courage in tackling challenges on the ski hill and tackling an academic challenge.

Let me take a moment to clarify your role on this trip. You are a support for the students as someone who can help them with their equipment needs and perhaps struggles on the hill. You are also able to be the safety guide for students who wish to go to the top of the hill. It is important that you understand your role with this: you get to agree to supervise a group of students at the bottom of each run. Together you would agree on the run, prior to going on the lift, and will then stay together as a group until you all reach the bottom of the hill. If you are not comfortable with the difficulty of the run or with the trust of the student you may assist that the student find another adult as their supervisor for that run. "Maybe next time..."

You are not responsible for discipline of students, simply report issues to the teacher at the soonest opportunity and they will take the appropriate action. Please make sure you are clear about the rules students are expected to follow; these are not the "regular rules" of the hill as this is a school district trip and we are bound by different expectations.

Thanks for being a part of our school and helping create great memories for our students. I hope you have a fabulous experience with our students.

Driver expectations – no extra passengers can be driven, in private vehicles, to or from the hill other than those designated with prior approval. There are legal steps we must take prior to driving non-family students when on a school trip.

Yours respectfully,

Trish Simpson

Principal, Quesnel Junior School